



Code of Conduct for Swimmers and Parents

Expectations of Swimmers:

- Obey all rules and regulations of the pool and coaches.
- Be on time for Training.
- Take responsibility for informing coaches of non-attendance at training, as soon as practicable.
- Represent themselves in an honorable, respectable manner at training (no destruction of the pool property or equipment, no fighting, no pushing, no snapping towels, no back-chatting, no foul language, or verbal harassment).
- Good behavior is always expected.
- Respect the coaches, volunteers, and other swimmers while at the pool and during training.
- Participate as a team member during training.

Expectations of Parents:

- Support their children & coaches.
- Encourage their children in full participation at training.
- Discuss their child's progress with our coaches before or after practice, not on deck.
- Allow coaches to establish and implement the season's program. It may take several weeks to fully implement a program. For a successful season this requires full trust and support from swimmers & parents.
- Discuss any concerns about the program with the Coach.

Disciplinary Policy:

This policy is in place to protect all swimmers and to support the expectations set forth by Fairfield Swim Club. If a child chooses not to follow the rules and expectations of the coaches and pool staff, then the following actions will take place:

Minor Incidents:

Step 1: The child will be given a verbal warning by the coach who witnessed the incident.

Step 2: If the behaviour continues within the same training session a "Yellow Card" will be shown to the child and he/she will sit out of the training session for a time determined by the coach (usually 5 minutes). The parents will be notified verbally / emailed on the same day.

Step 3: If the behaviour continues within the same training session a "Red Card" will be shown to the child, who will be out of the training for the rest of the session. The parents will be notified verbally / emailed on the same day.

- An Incident form is filled out with all relevant information when parents are notified.

Step 4: If the same child receives more than 2 reds cards during a term, a meeting will be held with the swimmer, his/her parents, and coach/es to discuss the problem and find a solution.

Major Incidents:

Step 1: The child will be removed from the training session or meet, and parents immediately informed of the incident.

Step 2: The coach will document the incident on the same day.

Step 3: The swimmer may be suspended from the squads until the swimmer, his/her parents, and the Head Coach have met to discuss the disciplinary action to be implemented.

Step 4: If this behaviour occurs again, a meeting with the swimmer, his/her parents, coach/es, and a Fairfield Committee member will be held to decide if suspension is required or if the child should remain in the squad.

Appeals to any disciplinary decision must be received in writing and must be addressed to the Fairfield Committee.

The coaches shall have sole authority over swimmers and activities on the pool deck, they are responsible for our swimmer's wellbeing during trainings.