

FAIRFIELD SWIMMING CLUB TRAINING SUMMER TIMETABLE December 14th 2020 - January 30th 2021

MON	TUE	WED	THU	FRI	SAT
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AGE Squad attend 4 times/week	AM						7:00 - 9:00
	PM	6:00 - 7:30	6:00 - 7:30	6:00 - 7:30	6:00 - 7:30	6:00 - 7:30	

Junior Coaching JC 1 attend 3 times/week	AM						9:00 - 10:00
	PM	5:00 - 6:00	5:00 - 6:00	5:00 - 6:00	5:00 - 6:00	5:00 - 6:00	

Junior Coaching JC 2 attend 3 times / week	AM						9:00 - 10:00
	PM	5:00 - 6:00	5:00 - 6:00	5:00 - 6:00	5:00 - 6:00	5:00 - 6:00	

JP Squad attend 2 times / week	PM	5:45 - 6:30	5:45 - 6:30	5:45 - 6:30	5:45 - 6:30	5:45 - 6:30	
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Novice attend 2 times / week	PM	5:00 - 5:45	5:00 - 5:45	5:00 - 5:45	5:00 - 5:45	5:00 - 5:45	
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Multisport attend 3 times / week	PM	6:30 - 7:30	6:30 - 7:30		6:30 - 7:30	6:30 - 7:30	
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Adult Squad	PM	6:30 - 7:30	6:30 - 7:30		6:30 - 7:30	6:30 - 7:30	
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